

The highest and most desirable state of the soul is to praise God in celebration of being alive. Our poor, splendid souls! How they fight for food! They have forgotten how to celebrate. Our hurried, stressful, busy lives are the most dangerous enemy of celebrating life itself.

We must learn how to achieve momentary slowdowns and request from God a heightened awareness that life is a happy thing, a festival to be enjoyed rather than a drudgery to be endured. Life is full of perks if we train our soul to receive them! Luci Swindoll You Bring The Confetti

People Each time you think about someone who has hurt you, force yourself to STOP and think also about someone who has blessed you.

Events Whenever you remember a tragic loss or bitter event, STOP and remember also a happy event ... how a past threat was averted or problem was fixed.

Decisions When grief, guilt, or **regret** launches an attack from the past, STOP and SMILE about a **positive** decision you have <u>also</u> made.

CELEBRATION = time and effort reserved for JOY.

Luke 15:8-10. Wonderful events cause **rejoicing** in **heaven**! We should get that same memo!

ESTHER

- Hamen set a date for a Jewish holocaust ...
 12/13
- Using Esther and Mordecai, God <u>reversed</u> <u>everything.</u>
- The Jews were determined not to forget this miracle!
- They turned this day of <u>extermination</u> into a day of <u>celebration</u>.

He [Mordecai] wrote them to observe the days as days of feasting and joy and giving presents of food to one another and gifts to the poor. This was the time when the Jews got relief from their enemies, the month when their sorrow was turned into joy and their mourning into a day of celebration. (Esther 9:22)

I will proclaim your great deeds, and they will celebrate your abundant goodness. (Psalm 145:7)